

Social Drivers of Health (SDOH)

Developed October 2025 with input from members of the NEO QI Hub Patient Advisory Council to help health care teams provide more patient-centered diabetes care.

Identifying and Addressing SDOH

Try This:

- Screening patients for social needs such as food insecurity, transportation barriers, and social isolation
- Connecting patients with community and government resources (e.g., food banks, SNAP, transportation services, churches, senior centers, and community gardens)
- Recognizing that social factors significantly influence health outcomes and incorporate them into care planning



Instead of This:

- Focusing solely on medical conditions without assessing social barriers
- Assuming patients know how to access available community resources
- Overlooking the impact of unmet social needs on chronic disease management



Communication and Trust

Try This:

- Using plain, easy-to-understand language when discussing health and social needs
- Building trusting relationships through active listening and personalized conversations
- Meeting patients where they are and create a welcoming environment for discussing sensitive issues



Instead of This:

- Using medical jargon that may confuse patients
- Assuming patients will openly disclose social challenges without trust
- Limiting conversations to clinical issues alone



Community Health Worker (CHW) Integration

Try This:

- Incorporating CHWs into screening, referral, and follow-up activities
- Developing clinic-specific resource lists to support referrals
- Investing in CHW training and certification to strengthen community partnerships



Instead of This:

- Relying exclusively on physicians to identify social needs
- Underutilizing CHWs as trusted connectors between patients and health care systems
- Providing referrals without ensuring patients understand how to access services



Patient Advocacy and Engagement

Try This:

- Encouraging patients to actively participate in their care and follow through with referrals
- Involving patient advocates in clinic and community outreach activities
- Creating opportunities for patients to volunteer and contribute to community health initiatives



Instead of This:

- Treating patients as passive recipients of care
- Excluding patient advocates from improvement efforts
- Assuming referrals alone are sufficient without ongoing engagement



Health Literacy and Patient Education

Try This:

- Providing health information using clear, understandable language
- Developing concise educational materials that are easy to access and share
- Reinforcing patient education throughout the care journey



Instead of This:

- Overwhelming patients with complex or lengthy educational materials
- Assuming patients fully understand instructions after one explanation
- Neglecting health literacy when designing patient resources



System Support and Community Partnerships

Try This:

- Maintaining up-to-date information about available community programs and organizational resources
- Communicating operational changes that affect patients and advocates
- Strengthening partnerships between health care organizations and community agencies



Instead of This:

- Allowing outdated resource information to remain in circulation
- Overlooking operational changes that may affect patient access or participation
- Working in isolation from community organizations



This resource is part of the AHEAD Initiative Diabetes QI Clinical Toolkit. For access to this toolkit and additional resources, please visit NEOQIHub.org.

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