

Resource A1.2:

Table of Indications, Frequency, and Method of Glucose Monitoring

Diabetes Medication Modality	Self-Monitored Blood Glucose	Continuous Glucose Monitoring (CGM)
Oral Agents, Non-insulin Injectables	As needed to: - Inform or monitor treatment adjustments - Inform lifestyle choices during illness - Monitor hypoglycemia (sulfonylurea or glinide use)	If person not meeting A1C target and/or hypoglycemia
Basal Insulin Injectable	1-3+ times per day (especially fasting glucose to aid in dose titration)	Consider if cost is not a barrier
Multiple Injections of Insulin	3+ times per day, before: - Meals/bedtime - Exercise - Driving - Suspected hypoglycemia - Occasionally postprandial (prandial dose titration)	If person takes at least one injection of insulin a day, hypoglycemia, or not meeting A1C target



This resource is part of the AHEAD Initiative Diabetes QI Clinical Toolkit. For access to this toolkit and additional resources, please visit NEOQIHub.org.

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