

Resource A1.3: Blood Glucose Log

Blood Glucose Log

Week of _____



before meal



after meal



insulin/meds



bedtime



	BREAKFAST			LUNCH			DINNER			SNACK/ OTHER	BED	
DAY												
Mon												
TIME												
Notes:												
Tues												
TIME												
Notes:												
Wed												
TIME												
Notes:												
Thurs												
TIME												
Notes:												
Fri												
TIME												
Notes:												
Sat												
TIME												
Notes:												
Sun												
TIME												
Notes:												



Visit diabetes.org or call 800-DIABETES (800-342-2383) for more resources from the American Diabetes Association.



This resource is part of the AHEAD Initiative Diabetes QI Clinical Toolkit. For access to this toolkit and additional resources, please visit NEOQIHub.org.

In partnership with

