

Resource A1.1:

Table of Indications, Frequency, and Method of Glucose Monitoring

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Diabetes Medication Modality	Self-Monitored Blood Glucose	Continuous Glucose Monitoring (CGM)
Oral Agents, Non-insulin Injectables	As needed to: <ul style="list-style-type: none"> Inform or monitor treatment adjustments Inform lifestyle choices during illness Monitor hypoglycemia (sulfonylurea or glinide use) 	If person not meeting A1C target and/or hypoglycemia
Basal Insulin Injectable	1-3+ times per day: (especially fasting glucose to aid in dose titration)	Consider if cost is not a barrier
Multiple Injections of Insulin	3+ times per day, before: <ul style="list-style-type: none"> Meals/bedtime Exercise Driving Suspected hypoglycemia Occasionally postprandial (prandial dose titration) 	If person takes at least one injection of insulin a day, hypoglycemia, or not meeting A1C target

